



Exonicus Course Offerings

Exonicus offers a library of over 500 interactive medical training scenarios designed to simulate high-pressure, real-world situations. In each simulation, patient vitals respond in real time to user interventions. The patient's survival depends entirely on the trainee's actions or inaction. This immersive, decision-driven approach provides realistic, consequences-based training for medical personnel.

We currently offer two structured curriculums:

- **Mass Casualty Triage (SALT):**
A 17-scenario series designed to reinforce the core principles of SALT triage. Learners gain hands-on experience in rapid patient assessment and priority-based decision-making during large-scale casualty events.
- **All Service Members (TCCC):**
A 36-scenario curriculum that guides learners through the MARCH algorithm and foundational TCCC concepts. The program builds progressively from basic interventions to fully independent scenarios that serve as knowledge checks.

Additionally, our **Role 1 Practice Pack** provides advanced training with complex injuries, diverse pathologies, and expanded treatment options using the Role 1 Tent Kit.

At Exonicus, our mission is simple: **Help heroes save heroes.**

▼ **Triage**

- ▼ Triage 001 | M A + Burn | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 002 | M A H + Burn | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 003 | M A | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 004 | M | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 005 | M H + Burn | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 006 | M A H | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 007 | M | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 008 | Fracture + Burn | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 009 | R + Fracture | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 010 | A + Burn | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 011 | M | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 012 | M | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 013 | M | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 014 | M A | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 015 | H | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 016 | M | IFAK | Moderate | 2-5 Minutes
- ▼ Triage 017 | R | IFAK | Moderate | 2-5 Minutes

▼ **ASM**

- ▼ ASM 001 | MA | IFAK | Moderate | 2-5 Minutes

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- ~ ASM 002 | None | IFAK | Standard | 15-20 Minutes
- ~ ASM 003 | M | IFAK | Moderate | 5-10 Minutes
- ~ ASM 004 | M | IFAK | Moderate | 2-5 Minutes
- ~ ASM 005 | M | IFAK | Moderate | 2-5 Minutes
- ~ ASM 006 | M | IFAK | Moderate | 2-5 Minutes
- ~ ASM 007 | M | IFAK | Moderate | 2-5 Minutes
- ~ ASM 008 | M | IFAK | Moderate | 2-5 Minutes
- ~ ASM 009 | M | IFAK | Moderate | 2-5 Minutes
- ~ ASM 010 | A | IFAK | Moderate | 5-10 Minutes
- ~ ASM 011 | A | IFAK | Moderate | 2-5 Minutes
- ~ ASM 012 | A | IFAK | Moderate | 2-5 Minutes
- ~ ASM 013 | A | IFAK | Moderate | 2-5 Minutes
- ~ ASM 014 | R | IFAK | Moderate | 5-10 Minutes
- ~ ASM 015 | R | IFAK | Moderate | 2-5 Minutes
- ~ ASM 016 | R | IFAK | Moderate | 2-5 Minutes
- ~ ASM 017 | R | IFAK | Moderate | 2-5 Minutes
- ~ ASM 018 | C | IFAK | Moderate | 5-10 Minutes
- ~ ASM 019 | C | IFAK | Moderate | 2-5 Minutes
- ~ ASM 020 | C | IFAK | Moderate | 2-5 Minutes
- ~ ASM 021 | C | IFAK | Moderate | 2-5 Minutes
- ~ ASM 022 | H | IFAK | Moderate | 2-5 Minutes
- ~ ASM 023 | H | IFAK | Moderate | 2-5 Minutes
- ~ ASM 024 | H | IFAK | Moderate | 2-5 Minutes
- ~ ASM 025 | H | IFAK | Moderate | 2-5 Minutes
- ~ ASM 026 | Eye + Head Injury + Fracture + Burn | IFAK | Moderate | 5-10 Minutes
- ~ ASM 027 | Head Injury + Burn | IFAK | Moderate | 2-5 Minutes
- ~ ASM 028 | Head Injury + Burn | IFAK | Moderate | 2-5 Minutes
- ~ ASM 029 | Head Injury + Burn | IFAK | Moderate | 2-5 Minutes
- ~ ASM 030 | MAC + Head Injury, Eye Injury | IFAK | Moderate | 2-5 Minutes
- ~ ASM 031 | MA + Burn | IFAK | Moderate | 2-5 Minutes
- ~ ASM 032 | MARCH + Fracture | IFAK | Moderate | 2-5 Minutes
- ~ ASM 033 | MA + Eye | IFAK | Moderate | 2-5 Minutes
- ~ ASM 034 | MAC + Head Injury, Eye Injury | IFAK | Hard | 5-10 Minutes
- ~ ASM 035 | MA + Burn | IFAK | Hard | 5-10 Minutes
- ~ ASM 036 | MARCH + Fracture | IFAK | Hard | 5-10 Minutes

~ Practice Pack

1. Practice Pack 001 | | Role 1 Kit | Moderate | 2-5 Minutes
2. Practice Pack 002 | M | Role 1 Kit | Moderate | 2-5 Minutes
3. Practice Pack 003 | A + Burn | Role 1 Kit | Moderate | 5-10 Minutes
4. Practice Pack 004 | MA + Burn | Role 1 Kit | Moderate | 5-10 Minutes
5. Practice Pack 005 | R | Role 1 Kit | Moderate | 5-10 Minutes
6. Practice Pack 006 | MR | Role 1 Kit | Moderate | 5-10 Minutes
7. Practice Pack 007 | AR + Burn | Role 1 Kit | Moderate | 5-10 Minutes
8. Practice Pack 008 | MAR + Burn | Role 1 Kit | Moderate | 5-10 Minutes

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9. Practice Pack 009 | C | Role 1 Kit | Moderate | 5-10 Minutes
10. Practice Pack 010 | MC | Role 1 Kit | Moderate | 5-10 Minutes
11. Practice Pack 011 | AC+ Burn | Role 1 Kit | Moderate | 5-10 Minutes
12. Practice Pack 012 | MAC + Burn | Role 1 Kit | Moderate | 5-10 Minutes
13. Practice Pack 013 | RC | Role 1 Kit | Moderate | 5-10 Minutes
14. Practice Pack 014 | MRC | Role 1 Kit | Moderate | 5-10 Minutes
15. Practice Pack 015 | ARC + Burn | Role 1 Kit | Moderate | 5-10 Minutes
16. Practice Pack 016 | MARC + Burn | Role 1 Kit | Moderate | 5-10 Minutes
17. Practice Pack 017 | H | Role 1 Kit | Moderate | 5-10 Minutes
18. Practice Pack 018 | MH | Role 1 Kit | Moderate | 5-10 Minutes
19. Practice Pack 019 | AH + Burn | Role 1 Kit | Moderate | 5-10 Minutes
20. Practice Pack 020 | MAH + Burn | Role 1 Kit | Moderate | 5-10 Minutes
21. Practice Pack 021 | RH | Role 1 Kit | Moderate | 5-10 Minutes
22. Practice Pack 022 | MRH | Role 1 Kit | Moderate | 5-10 Minutes
23. Practice Pack 023 | ARH + Burn | Role 1 Kit | Moderate | 5-10 Minutes
24. Practice Pack 024 | MARH + Burn | Role 1 Kit | Moderate | 10-15 Minutes
25. Practice Pack 025 | CH | Role 1 Kit | Moderate | 10-15 Minutes
26. Practice Pack 026 | MCH | Role 1 Kit | Moderate | 10-15 Minutes
27. Practice Pack 027 | ACH + Burn | Role 1 Kit | Moderate | 10-15 Minutes
28. Practice Pack 028 | MACH + Burn | Role 1 Kit | Moderate | 10-15 Minutes
29. Practice Pack 029 | RCH | Role 1 Kit | Moderate | 10-15 Minutes
30. Practice Pack 030 | MRCH | Role 1 Kit | Moderate | 10-15 Minutes
31. Practice Pack 031 | ARCH + Burn | Role 1 Kit | Moderate | 10-15 Minutes
32. Practice Pack 032 | MARCH + Burn | Role 1 Kit | Moderate | 10-15 Minutes
33. Practice Pack 033 | A + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
34. Practice Pack 034 | MA + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
35. Practice Pack 035 | R | Limited Medic Bag | Moderate | 10-15 Minutes
36. Practice Pack 036 | R | Limited Medic Bag | Moderate | 10-15 Minutes
37. Practice Pack 037 | MR | Limited Medic Bag | Moderate | 10-15 Minutes
38. Practice Pack 038 | MR | Limited Medic Bag | Moderate | 10-15 Minutes
39. Practice Pack 039 | AR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
40. Practice Pack 040 | AR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
41. Practice Pack 041 | AR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
42. Practice Pack 042 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
43. Practice Pack 043 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
44. Practice Pack 044 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
45. Practice Pack 045 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
46. Practice Pack 046 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
47. Practice Pack 047 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
48. Practice Pack 048 | MAR + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
49. Practice Pack 049 | MC | Limited Medic Bag | Moderate | 10-15 Minutes
50. Practice Pack 050 | MC | Limited Medic Bag | Moderate | 10-15 Minutes
51. Practice Pack 051 | AC + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
52. Practice Pack 052 | AC + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
53. Practice Pack 053 | AC + Burn | Limited Medic Bag | Moderate | 10-15 Minutes
54. Practice Pack 054 | MAC + Burn | Limited Medic Bag | Moderate | 10-15 Minutes

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55. Practice Pack 055	MAC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
56. Practice Pack 056	MAC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
57. Practice Pack 057	RC	Limited Medic Bag	Moderate	10-15 Minutes
58. Practice Pack 058	RC	Limited Medic Bag	Moderate	10-15 Minutes
59. Practice Pack 059	RC	Limited Medic Bag	Moderate	10-15 Minutes
60. Practice Pack 060	MRC	Limited Medic Bag	Moderate	10-15 Minutes
61. Practice Pack 061	MRC	Limited Medic Bag	Moderate	10-15 Minutes
62. Practice Pack 062	MRC	Limited Medic Bag	Moderate	10-15 Minutes
63. Practice Pack 063	ARC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
64. Practice Pack 064	ARC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
65. Practice Pack 065	ARC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
66. Practice Pack 066	ARC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
67. Practice Pack 067	ARC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
68. Practice Pack 068	ARC + Burn	Limited Medic Bag	Moderate	10-15 Minutes
69. Practice Pack 069	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
70. Practice Pack 070	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
71. Practice Pack 071	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
72. Practice Pack 072	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
73. Practice Pack 073	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
74. Practice Pack 074	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
75. Practice Pack 075	AH + Burn	Limited Medic Bag	Hard	15-20 Minutes
76. Practice Pack 076	MAH + Burn	Limited Medic Bag	Hard	15-20 Minutes
77. Practice Pack 077	RH	Limited Medic Bag	Hard	15-20 Minutes
78. Practice Pack 078	RH	Limited Medic Bag	Hard	15-20 Minutes
79. Practice Pack 079	MRH	Limited Medic Bag	Hard	15-20 Minutes
80. Practice Pack 080	MRH	Limited Medic Bag	Hard	15-20 Minutes
81. Practice Pack 081	ARH + Burn	Limited Medic Bag	Hard	15-20 Minutes
82. Practice Pack 082	ARH + Burn	Limited Medic Bag	Hard	15-20 Minutes
83. Practice Pack 083	ARH + Burn	Limited Medic Bag	Hard	15-20 Minutes
84. Practice Pack 084	MARH+Burn	Limited Medic Bag	Hard	15-20 Minutes
85. Practice Pack 085	MARH + Burn	Limited Medic Bag	Hard	15-20 Minutes
86. Practice Pack 086	MARH + Burn	Limited Medic Bag	Hard	15-20 Minutes
87. Practice Pack 087	CH	Limited Medic Bag	Hard	15-20 Minutes
88. Practice Pack 088	MCH	Limited Medic Bag	Hard	15-20 Minutes
89. Practice Pack 089	ACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
90. Practice Pack 090	ACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
91. Practice Pack 091	ACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
92. Practice Pack 092	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
93. Practice Pack 093	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
94. Practice Pack 094	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
95. Practice Pack 095	RCH	Limited Medic Bag	Hard	15-20 Minutes
96. Practice Pack 096	RCH	Limited Medic Bag	Hard	15-20 Minutes
97. Practice Pack 097	RCH	Limited Medic Bag	Hard	15-20 Minutes
98. Practice Pack 098	MRCH	Limited Medic Bag	Hard	15-20 Minutes
99. Practice Pack 099	MRCH	Limited Medic Bag	Hard	15-20 Minutes
100. Practice Pack 100	MRCH	Limited Medic Bag	Hard	15-20 Minutes

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101.	Practice Pack 101	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
102.	Practice Pack 102	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
103.	Practice Pack 103	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
104.	Practice Pack 104	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
105.	Practice Pack 105	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
106.	Practice Pack 106	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
107.	Practice Pack 107	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
108.	Practice Pack 108	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
109.	Practice Pack 109	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
110.	Practice Pack 110	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
111.	Practice Pack 111	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
112.	Practice Pack 112	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
113.	Practice Pack 113		Limited Medic Bag	Moderate	2-5 Minutes
114.	Practice Pack 114		Limited Medic Bag	Moderate	2-5 Minutes
115.	Practice Pack 115	M	Limited Medic Bag	Moderate	2-5 Minutes
116.	Practice Pack 116	M	Limited Medic Bag	Moderate	2-5 Minutes
117.	Practice Pack 117	A + Burn	Limited Medic Bag	Moderate	5-10 Minutes
118.	Practice Pack 118	A + Burn	Limited Medic Bag	Moderate	5-10 Minutes
119.	Practice Pack 119	A + Burn	Limited Medic Bag	Moderate	5-10 Minutes
120.	Practice Pack 120	A + Burn	Limited Medic Bag	Moderate	5-10 Minutes
121.	Practice Pack 121	MA + Burn	Limited Medic Bag	Moderate	5-10 Minutes
122.	Practice Pack 122	MA + Burn	Limited Medic Bag	Moderate	5-10 Minutes
123.	Practice Pack 123	MA + Burn	Limited Medic Bag	Moderate	5-10 Minutes
124.	Practice Pack 124	MA + Burn	Limited Medic Bag	Moderate	5-10 Minutes
125.	Practice Pack 125	R	Limited Medic Bag	Moderate	5-10 Minutes
126.	Practice Pack 126	R	Limited Medic Bag	Moderate	5-10 Minutes
127.	Practice Pack 127	R	Limited Medic Bag	Moderate	5-10 Minutes
128.	Practice Pack 128	R	Limited Medic Bag	Moderate	5-10 Minutes
129.	Practice Pack 129	R	Limited Medic Bag	Moderate	5-10 Minutes
130.	Practice Pack 130	R	Limited Medic Bag	Moderate	5-10 Minutes
131.	Practice Pack 131	MR	Limited Medic Bag	Moderate	5-10 Minutes
132.	Practice Pack 132	MR	Limited Medic Bag	Moderate	5-10 Minutes
133.	Practice Pack 133	MR	Limited Medic Bag	Moderate	5-10 Minutes
134.	Practice Pack 134	MR	Limited Medic Bag	Moderate	5-10 Minutes
135.	Practice Pack 135	MR	Limited Medic Bag	Moderate	5-10 Minutes
136.	Practice Pack 136	MR	Limited Medic Bag	Moderate	5-10 Minutes
137.	Practice Pack 137	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
138.	Practice Pack 138	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
139.	Practice Pack 139	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
140.	Practice Pack 140	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
141.	Practice Pack 141	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
142.	Practice Pack 142	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
143.	Practice Pack 143	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
144.	Practice Pack 144	AR + Burn	Limited Medic Bag	Moderate	5-10 Minutes
145.	Practice Pack 145	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
146.	Practice Pack 146	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes

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147.	Practice Pack 147	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
148.	Practice Pack 148	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
149.	Practice Pack 149	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
150.	Practice Pack 150	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
151.	Practice Pack 151	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
152.	Practice Pack 152	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
153.	Practice Pack 153	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
154.	Practice Pack 154	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
155.	Practice Pack 155	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
156.	Practice Pack 156	MAR + Burn	Limited Medic Bag	Hard	15-20 Minutes
157.	Practice Pack 157	C	Limited Medic Bag	Hard	15-20 Minutes
158.	Practice Pack 158	C	Limited Medic Bag	Hard	15-20 Minutes
159.	Practice Pack 159	C	Limited Medic Bag	Hard	15-20 Minutes
160.	Practice Pack 160	C	Limited Medic Bag	Hard	15-20 Minutes
161.	Practice Pack 161	C	Limited Medic Bag	Hard	15-20 Minutes
162.	Practice Pack 162	C	Limited Medic Bag	Hard	15-20 Minutes
163.	Practice Pack 163	MC	Limited Medic Bag	Hard	15-20 Minutes
164.	Practice Pack 164	MC	Limited Medic Bag	Hard	15-20 Minutes
165.	Practice Pack 165	MC	Limited Medic Bag	Hard	15-20 Minutes
166.	Practice Pack 166	MC	Limited Medic Bag	Hard	15-20 Minutes
167.	Practice Pack 167	MC	Limited Medic Bag	Hard	15-20 Minutes
168.	Practice Pack 168	MC	Limited Medic Bag	Hard	15-20 Minutes
169.	Practice Pack 169	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
170.	Practice Pack 170	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
171.	Practice Pack 171	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
172.	Practice Pack 172	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
173.	Practice Pack 173	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
174.	Practice Pack 174	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
175.	Practice Pack 175	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
176.	Practice Pack 176	AC+ Burn	Limited Medic Bag	Hard	15-20 Minutes
177.	Practice Pack 177	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
178.	Practice Pack 178	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
179.	Practice Pack 179	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
180.	Practice Pack 180	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
181.	Practice Pack 181	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
182.	Practice Pack 182	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
183.	Practice Pack 183	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
184.	Practice Pack 184	MAC + Burn	Limited Medic Bag	Hard	15-20 Minutes
185.	Practice Pack 185	RC	Limited Medic Bag	Hard	15-20 Minutes
186.	Practice Pack 186	RC	Limited Medic Bag	Hard	15-20 Minutes
187.	Practice Pack 187	RC	Limited Medic Bag	Hard	15-20 Minutes
188.	Practice Pack 188	RC	Limited Medic Bag	Hard	15-20 Minutes
189.	Practice Pack 189	RC	Limited Medic Bag	Hard	15-20 Minutes
190.	Practice Pack 190	RC	Limited Medic Bag	Hard	15-20 Minutes
191.	Practice Pack 191	RC	Limited Medic Bag	Hard	15-20 Minutes
192.	Practice Pack 192	RC	Limited Medic Bag	Hard	15-20 Minutes

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193.	Practice Pack 193	MRC	Limited Medic Bag	Hard	15-20 Minutes
194.	Practice Pack 194	MRC	Limited Medic Bag	Hard	15-20 Minutes
195.	Practice Pack 195	MRC	Limited Medic Bag	Hard	15-20 Minutes
196.	Practice Pack 196	MRC	Limited Medic Bag	Hard	15-20 Minutes
197.	Practice Pack 197	MRC	Limited Medic Bag	Hard	15-20 Minutes
198.	Practice Pack 198	MRC	Limited Medic Bag	Hard	15-20 Minutes
199.	Practice Pack 199	MRC	Limited Medic Bag	Hard	15-20 Minute
200.	Practice Pack 200	MRC	Limited Medic Bag	Hard	15-20 Minutes
201.	Practice Pack 201	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
202.	Practice Pack 202	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
203.	Practice Pack 203	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
204.	Practice Pack 204	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
205.	Practice Pack 205	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
206.	Practice Pack 206	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
207.	Practice Pack 207	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
208.	Practice Pack 208	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
209.	Practice Pack 209	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
210.	Practice Pack 210	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
211.	Practice Pack 211	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
212.	Practice Pack 212	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
213.	Practice Pack 213	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
214.	Practice Pack 214	ARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
215.	Practice Pack 215	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
216.	Practice Pack 216	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
217.	Practice Pack 217	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
218.	Practice Pack 218	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
219.	Practice Pack 219	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
220.	Practice Pack 220	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
221.	Practice Pack 221	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
222.	Practice Pack 222	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
223.	Practice Pack 223	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
224.	Practice Pack 224	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
225.	Practice Pack 225	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
226.	Practice Pack 226	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
227.	Practice Pack 227	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
228.	Practice Pack 228	MARC + Burn	Limited Medic Bag	Hard	15-20 Minutes
229.	Practice Pack 229	H	Limited Medic Bag	Moderate	5 - 10 Minutes
230.	Practice Pack 230	H	Limited Medic Bag	Moderate	5 - 10 Minutes
231.	Practice Pack 231	MH	Limited Medic Bag	Moderate	5 - 10 Minutes
232.	Practice Pack 232	MH	Limited Medic Bag	Moderate	5 - 10 Minutes
233.	Practice Pack 233	AH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
234.	Practice Pack 234	AH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
235.	Practice Pack 235	AH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
236.	Practice Pack 236	AH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
237.	Practice Pack 237	MAH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
238.	Practice Pack 238	MAH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes

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239.	Practice Pack 239	MAH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
240.	Practice Pack 240	MAH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
241.	Practice Pack 241	RH	Limited Medic Bag	Moderate	5 - 10 Minutes
242.	Practice Pack 242	RH	Limited Medic Bag	Moderate	5 - 10 Minutes
243.	Practice Pack 243	RH	Limited Medic Bag	Moderate	5 - 10 Minutes
244.	Practice Pack 244	RH	Limited Medic Bag	Moderate	5 - 10 Minutes
245.	Practice Pack 245	RH	Limited Medic Bag	Moderate	5 - 10 Minutes
246.	Practice Pack 246	RH	Limited Medic Bag	Moderate	5 - 10 Minutes
247.	Practice Pack 247	MRH	Limited Medic Bag	Moderate	5 - 10 Minutes
248.	Practice Pack 248	MRH	Limited Medic Bag	Moderate	5 - 10 Minutes
249.	Practice Pack 249	MRH	Limited Medic Bag	Moderate	5 - 10 Minutes
250.	Practice Pack 250	MRH	Limited Medic Bag	Moderate	5 - 10 Minutes
251.	Practice Pack 251	MRH	Limited Medic Bag	Moderate	5 - 10 Minutes
252.	Practice Pack 252	MRH	Limited Medic Bag	Moderate	5 - 10 Minutes
253.	Practice Pack 253	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
254.	Practice Pack 254	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
255.	Practice Pack 255	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
256.	Practice Pack 256	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
257.	Practice Pack 257	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
258.	Practice Pack 258	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
259.	Practice Pack 259	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
260.	Practice Pack 260	ARH + Burn	Limited Medic Bag	Moderate	5 - 10 Minutes
261.	Practice Pack 261	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
262.	Practice Pack 262	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
263.	Practice Pack 263	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
264.	Practice Pack 264	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
265.	Practice Pack 265	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
266.	Practice Pack 266	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
267.	Practice Pack 267	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
268.	Practice Pack 268	MARH + Burn	Limited Medic Bag	Hard	10-15 Minutes
269.	Practice Pack 269	CH	Limited Medic Bag	Moderate	5-10 Minutes
270.	Practice Pack 270	CH	Limited Medic Bag	Moderate	5-10 Minutes
271.	Practice Pack 271	CH	Limited Medic Bag	Moderate	5-10 Minutes
272.	Practice Pack 272	CH	Limited Medic Bag	Moderate	5-10 Minutes
273.	Practice Pack 273	MCH	Limited Medic Bag	Hard	10-15 Minutes
274.	Practice Pack 274	MCH	Limited Medic Bag	Hard	10-15 Minutes
275.	Practice Pack 275	MCH	Limited Medic Bag	Hard	10-15 Minutes
276.	Practice Pack 276	MCH	Limited Medic Bag	Hard	10-15 Minutes
277.	Practice Pack 277	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
278.	Practice Pack 278	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
279.	Practice Pack 279	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
280.	Practice Pack 280	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
281.	Practice Pack 281	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
282.	Practice Pack 282	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
283.	Practice Pack 283	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes
284.	Practice Pack 284	ACH + Burn	Limited Medic Bag	Hard	10-15 Minutes

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285.	Practice Pack 285	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
286.	Practice Pack 286	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
287.	Practice Pack 287	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
288.	Practice Pack 288	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
289.	Practice Pack 289	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
290.	Practice Pack 290	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
291.	Practice Pack 291	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
292.	Practice Pack 292	MACH + Burn	Limited Medic Bag	Hard	15-20 Minutes
293.	Practice Pack 293	RCH	Limited Medic Bag	Hard	10-15 Minutes
294.	Practice Pack 294	RCH	Limited Medic Bag	Hard	10-15 Minutes
295.	Practice Pack 295	RCH	Limited Medic Bag	Hard	10-15 Minutes
296.	Practice Pack 296	RCH	Limited Medic Bag	Hard	10-15 Minutes
297.	Practice Pack 297	RCH	Limited Medic Bag	Hard	10-15 Minutes
298.	Practice Pack 298	RCH	Limited Medic Bag	Hard	10-15 Minutes
299.	Practice Pack 299	RCH	Limited Medic Bag	Hard	10-15 Minutes
300.	Practice Pack 300	RCH	Limited Medic Bag	Hard	10-15 Minutes
301.	Practice Pack 301	MRCH	Limited Medic Bag	Hard	15-20 Minutes
302.	Practice Pack 302	MRCH	Limited Medic Bag	Hard	15-20 Minutes
303.	Practice Pack 303	MRCH	Limited Medic Bag	Hard	15-20 Minutes
304.	Practice Pack 304	MRCH	Limited Medic Bag	Hard	15-20 Minutes
305.	Practice Pack 305	MRCH	Limited Medic Bag	Hard	15-20 Minutes
306.	Practice Pack 306	MRCH	Limited Medic Bag	Hard	15-20 Minutes
307.	Practice Pack 307	MRCH	Limited Medic Bag	Hard	15-20 Minutes
308.	Practice Pack 308	MRCH	Limited Medic Bag	Hard	15-20 Minutes
309.	Practice Pack 309	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
310.	Practice Pack 310	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
311.	Practice Pack 311	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
312.	Practice Pack 312	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
313.	Practice Pack 313	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
314.	Practice Pack 314	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
315.	Practice Pack 315	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
316.	Practice Pack 316	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
317.	Practice Pack 317	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
318.	Practice Pack 318	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
319.	Practice Pack 319	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
320.	Practice Pack 320	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
321.	Practice Pack 321	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
322.	Practice Pack 322	ARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
323.	Practice Pack 323	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
324.	Practice Pack 324	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
325.	Practice Pack 325	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
326.	Practice Pack 326	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
327.	Practice Pack 327	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
328.	Practice Pack 328	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
329.	Practice Pack 329	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
330.	Practice Pack 330	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes

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331.	Practice Pack 331	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
332.	Practice Pack 332	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
333.	Practice Pack 333	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
334.	Practice Pack 334	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
335.	Practice Pack 335	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
336.	Practice Pack 336	MARCH + Burn	Limited Medic Bag	Hard	15-20 Minutes
337.	Practice Pack 337	Role 1 Kit	Moderate	2-5 Minutes	
338.	Practice Pack 338	M Role 1 Kit	Moderate	2-5 Minutes	
339.	Practice Pack 339	A + Burn	Role 1 Kit	Moderate	2-5 Minutes
340.	Practice Pack 340	MA + Burn	Role 1 Kit	Moderate	5-10 minutes
341.	Practice Pack 341	R Role 1 Kit	Moderate	5-10 minutes	
342.	Practice Pack 342	MR Role 1 Kit	Moderate	5-10 minutes	
343.	Practice Pack 343	AR + Burn	Role 1 Kit	Moderate	5-10 minutes
344.	Practice Pack 344	MAR + Burn	Role 1 Kit	Moderate	5-10 minutes
345.	Practice Pack 345	C Role 1 Kit	Moderate	5-10 minutes	
346.	Practice Pack 346	MC Role 1 Kit	Moderate	5-10 minutes	
347.	Practice Pack 347	AC + Burn	Role 1 Kit	Hard	10-15 Minutes
348.	Practice Pack 348	MAC+Burn	Role 1 Kit	Hard	10-15 Minutes
349.	Practice Pack 349	RC Role 1 Kit	Hard	10-15 Minutes	
350.	Practice Pack 350	MRC Role 1 Kit	Hard	10-15 Minutes	
351.	Practice Pack 351	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
352.	Practice Pack 352	MARC + Burn	Role 1 Kit	Hard	10-15 Minutes
353.	Practice Pack 353	H Role 1 Kit	Moderate	5-10 Minutes	
354.	Practice Pack 354	MH Role 1 Kit	Moderate	5-10 Minutes	
355.	Practice Pack 355	AH + Burn	Role 1 Kit	Moderate	5-10 minutes
356.	Practice Pack 356	MAH + Burn	Role 1 Kit	Moderate	5-10 minutes
357.	Practice Pack 357	RH Role 1 Kit	Moderate	5-10 minutes	
358.	Practice Pack 358	MRH Role 1 Kit	Moderate	5-10 minutes	
359.	Practice Pack 359	ARH + Burn	Role 1 Kit	Moderate	5-10 minutes
360.	Practice Pack 360	MARH + Burn	Role 1 Kit	Hard	10-15 Minutes
361.	Practice Pack 361	CH Role 1 Kit	Moderate	5-10 Minutes	
362.	Practice Pack 362	MCH Role 1 Kit	Hard	10-15 Minutes	
363.	Practice Pack 363	ACH + Burn	Role 1 Kit	Hard	10-15 Minutes
364.	Practice Pack 364	MACH + Burn	Role 1 Kit	Hard	15-20 Minutes
365.	Practice Pack 365	RCH Role 1 Kit	Hard	15-20 Minutes	
366.	Practice Pack 366	MRCH Role 1 Kit	Hard	15-20 Minutes	
367.	Practice Pack 367	ARCH + Burn	Role 1 Kit	Hard	15-20 Minute
368.	Practice Pack 368	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
369.	Practice Pack 369	A + Burn	Role 1 Kit	Hard	10-15 Minutes
370.	Practice Pack 370	MA + Burn	Role 1 Kit	Hard	10-15 Minutes
371.	Practice Pack 371	R Role 1 Kit	Hard	10-15 Minutes	
372.	Practice Pack 372	R Role 1 Kit	Hard	10-15 Minutes	
373.	Practice Pack 373	MR Role 1 Kit	Hard	10-15 Minutes	
374.	Practice Pack 374	MR Role 1 Kit	Hard	10-15 Minutes	
375.	Practice Pack 375	AR + Burn	Role 1 Kit	Hard	10-15 Minutes
376.	Practice Pack 376	AR + Burn	Role 1 Kit	Hard	10-15 Minutes

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377.	Practice Pack 377	AR + Burn	Role 1 Kit	Hard	10-15 Minutes
378.	Practice Pack 378	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
379.	Practice Pack 379	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
380.	Practice Pack 380	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
381.	Practice Pack 381	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
382.	Practice Pack 382	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
383.	Practice Pack 383	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
384.	Practice Pack 384	MAR + Burn	Role 1 Kit	Hard	10-15 Minutes
385.	Practice Pack 385	MC	Role 1 Kit	Hard	10-15 Minutes
386.	Practice Pack 386	MC	Role 1 Kit	Hard	10-15 Minutes
387.	Practice Pack 387	AC + Burn	Role 1 Kit	Hard	10-15 Minutes
388.	Practice Pack 388	AC + Burn	Role 1 Kit	Hard	10-15 Minutes
389.	Practice Pack 389	AC + Burn	Role 1 Kit	Hard	10-15 Minutes
390.	Practice Pack 390	MAC + Burn	Role 1 Kit	Hard	10-15 Minutes
391.	Practice Pack 391	MAC + Burn	Role 1 Kit	Hard	10-15 Minutes
392.	Practice Pack 392	MAC + Burn	Role 1 Kit	Hard	10-15 Minutes
393.	Practice Pack 393	RC	Role 1 Kit	Hard	10-15 Minutes
394.	Practice Pack 394	RC	Role 1 Kit	Hard	10-15 Minutes
395.	Practice Pack 395	RC	Role 1 Kit	Hard	10-15 Minutes
396.	Practice Pack 396	MRC	Role 1 Kit	Hard	10-15 Minutes
397.	Practice Pack 397	MRC	Role 1 Kit	Hard	10-15 Minutes
398.	Practice Pack 398	MRC	Role 1 Kit	Hard	10-15 Minutes
399.	Practice Pack 399	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
400.	Practice Pack 400	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
401.	Practice Pack 401	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
402.	Practice Pack 402	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
403.	Practice Pack 403	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
404.	Practice Pack 404	ARC + Burn	Role 1 Kit	Hard	10-15 Minutes
405.	Practice Pack 405	MARC + Burn	Role 1 Kit	Hard	15-20 Minutes
406.	Practice Pack 406	MARC + Burn	Role 1 Kit	Hard	15-20 Minutes
407.	Practice Pack 407	MARC + Burn	Role 1 Kit	Hard	15-20 Minutes
408.	Practice Pack 408	MARC + Burn	Role 1 Kit	Hard	15-20 Minutes
409.	Practice Pack 409	MARC + Burn	Role 1 Kit	Hard	15-20 Minutes
410.	Practice Pack 410	MARC + Burn	Role 1 Kit	Hard	15-20 Minutes
411.	Practice Pack 411	AH + Burn	Role 1 Kit	Hard	15-20 Minutes
412.	Practice Pack 412	MAH + Burn	Role 1 Kit	Hard	15-20 Minutes
413.	Practice Pack 413	RH	Role 1 Kit	Hard	10-15 Minutes
414.	Practice Pack 414	RH	Role 1 Kit	Hard	10-15 Minutes
415.	Practice Pack 415	MRH	Role 1 Kit	Hard	10-15 Minutes
416.	Practice Pack 416	MRH	Role 1 Kit	Hard	10-15 Minutes
417.	Practice Pack 417	ARH + Burn	Role 1 Kit	Hard	10-15 Minutes
418.	Practice Pack 418	ARH + Burn	Role 1 Kit	Hard	10-15 Minutes
419.	Practice Pack 419	ARH + Burn	Role 1 Kit	Hard	10-15 Minutes
420.	Practice Pack 420	MARH + Burn	Role 1 Kit	Hard	15-20 Minutes
421.	Practice Pack 421	MARH + Burn	Role 1 Kit	Hard	15-20 Minutes
422.	Practice Pack 422	MARH + Burn	Role 1 Kit	Hard	15-20 Minutes

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423.	Practice Pack 423	CH	Role 1 Kit	Hard	10-15 Minutes
424.	Practice Pack 424	MCH	Role 1 Kit	Hard	10-15 Minutes
425.	Practice Pack 425	ACH + Burn	Role 1 Kit	Hard	10-15 Minutes
426.	Practice Pack 426	ACH + Burn	Role 1 Kit	Hard	10-15 Minutes
427.	Practice Pack 427	ACH + Burn	Role 1 Kit	Hard	10-15 Minutes
428.	Practice Pack 428	MACH + Burn	Role 1 Kit	Hard	15-20 Minutes
429.	Practice Pack 429	MACH + Burn	Role 1 Kit	Hard	15-20 Minutes
430.	Practice Pack 430	MACH + Burn	Role 1 Kit	Hard	15-20 Minutes
431.	Practice Pack 431	RCH	Role 1 Kit	Hard	10-15 Minutes
432.	Practice Pack 432	RCH	Role 1 Kit	Hard	10-15 Minutes
433.	Practice Pack 433	RCH	Role 1 Kit	Hard	10-15 Minutes
434.	Practice Pack 434	MRCH	Role 1 Kit	Hard	15-20 Minutes
435.	Practice Pack 435	MRCH	Role 1 Kit	Hard	15-20 Minutes
436.	Practice Pack 436	MRCH	Role 1 Kit	Hard	15-20 Minutes
437.	Practice Pack 437	ARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
438.	Practice Pack 438	ARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
439.	Practice Pack 439	ARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
440.	Practice Pack 440	ARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
441.	Practice Pack 441	ARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
442.	Practice Pack 442	ARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
443.	Practice Pack 443	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
444.	Practice Pack 444	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
445.	Practice Pack 445	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
446.	Practice Pack 446	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
447.	Practice Pack 447	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes
448.	Practice Pack 448	MARCH + Burn	Role 1 Kit	Hard	15-20 Minutes